CSILLAGTANC (Hungary (Sárkôz)) (CHEEL-lawg-tahnts) (Dance for two couples)

Translation:

Star Dance

Record:

Folkraft LP-29, side A band 4 (2:09) -- gypsy orchestra.

Formation:

Small circles of two cpls, each W on ptr's R.

Steps:

Right-Hand Star: Turning to face L in a small circle, each person put R hand in a ctr "star" formation touching hands lightly, and move fwd CW around the ctr of the "star" with outside hand on own waist.

Left-Hand Star: same except L hands in the ctr and

move CCW.

Cineges Step (R) : Two small running steps (R,L) (cts 1,&), a third small running step on R ft, bending knee slightly and bending L knee to raise L ankle slightly up in back. Cineges (pronounced TSEE-ne-gehsh) is the general name for a "dialect" or family of steps.

"V" Position: Hands joined, arms extended downward,

resembling the letter "V."_

Tükör Csardás Step (L) (cts 1, &), hop on R ft swinging L leg fwd with knee straight. (Variation: bending L knee to raise L ankle slightly up in back (ct 2).) Tükör Csárdás Step (R): Same, reversing ftwork. Tükör (pronounced t'YOU-kær) means "mirror." Reverse Turn Pos (for turning CCW): Same as Shoulderwaist pos except ptrs turn slightly R so L hips are close and, for greater security in the turn, M R hand holds W L shoulder.

Music 2/4

<u>Meas</u>	FIGURE A-1 - Stars (8 + 8)
1-8	R-Hand Star with small Cineges Steps starting with
	R ft. Raising L arm freely and turning R half around,
	L-Hand Star in the same manner.
	FIGURE A-II Quicker Stars (4 + 4 + 4 + 4)
1-4	R-Hand Star as A-I above.
5-8	L-Hand Star as A-I above.
9-12	R-Hand Star as A-I above.
13-16	L-Hand Star as A-I above. Release hands from Star
	and turn to face ctr.

CSILLAGTANC (continued) FIGURE B-1 - Sideward, forward and back Join hands in a circle, in "V" pos. Four Cinegés Steps sdwd (R, L, R, L). 1-4 5-8 One Cinegés Step (R) fwd to ctr, raising joined hands high (cts 1, &, 2), one Cinegés Step (L) bkwd, lowering hands (cts 3, &, 4); and . . . repeat (cts 5, &, 6, 7, &, 8). Repeat meas 1-8. 9-16 FIGURE B-II -- Quicker Stars 1-16 As A-II above. FIGURE C-I - Quick Rida and Tükor Csardas Steps 1 - 4W: Eight Quick Rida Steps (R) turning CW individually in place. M: Four Tukor Csárdás Steps (L,R,L,R). 5-8 Repeat meas 1-4 reversing roles, W with the Tukor Csardas Steps (L,R,L,R), M with the Quick Rida Steps (R) turning CW. 9-16 Repeat meas 1-8. FIGURE C-II - Quicker Stars 1-16 As A-II above. FIGURE D-I - Cifra and Quick Rida Steps Join hands in a circle in "V" pos. 1-6 Six Cineges Steps starting with R ft (moving sdwd R, sdwd L, fwd, bkwd, sdwd R, sdwd L). 7-12 Changing hands to Back Chain pos, eleven, and 1/2 Quick Rida Steps (R) starting and ending with R ft crossing in front of L (cts 1, &, . . . 12), pause (ct &). FIGURE D-II Join hands in a circle in "V" pos. 1-12 As D-1 above, reversing direction and ftwork. (Variation for meas 9-12: Beginning with the 5th Quick Rida Step, ptrs turn CCW in Reverse Turn pos and, at the very end (ct 2 of meas 12), jump down on both ft in a deep knee bend or squat and shout "hey!")

Presented by Csaba Pálfi

Dance description by Rickey Holden and Csaba Pálfi